

**Acne Client Treatment Notes**

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| **CLIENT INFORMATION:** |

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| Client Name: | | | Date of First Appointment: | | |
| Allergies: | | | Retinoid Use? |  | Which one? |
| Work Nights? |  |  | Birth Control? |  | Which one? |
| Smoker? |  | How much? | Pregnant /Nursing? |  |  |
| Medications Currently Using: | | | Pertinent Medical History: | | |

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| **SKIN ANALYSIS:** |

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| **Acne Type** |  | **Severity of Acne** | | | | | | | **Acne Location** | | Skin Type/Color | | **Temporary Skin Conditions** | |
| Inflamed |  | Mild |  | Mod |  | Severe | |  | Face |  | Very Oily |  | Dehydrated |  |
| Non-Inflamed |  | Mild |  | Mod |  | Severe | |  | Back |  | Oily |  | Over exfoliated |  |
| **Any Acne Imposters Present?** | | | | | | | | | Arms |  | Normal |  | Sunburned |  |
| Rosacea |  | Steatocystoma Multiplex | | | | |  | | Shoulders |  | Dry |  | Excoriated (Picking) |  |
| Folliculitis |  | Perioral Dermatitis | | | | |  | | Legs |  | Very Dry |  | Cuts or Abrasions |  |
| Staph Infection |  | Pyoderma Faciale | | | | |  | | Buttocks |  |  | | Allergic Reaction |  |
| Keratosis Pilaris |  |  | | | | | | | Other: | | Age |  | Laser Hair Removal |  |
| **Environmental Concerns:** | | | | | | | | | Fitzpatrick Type |  | Herpes Simplex |  |

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| **SENSITIVITY TEST:** |

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| **Product** | **Date** | **Date** | **Date** | **Date** | **Date** |
|  |  |  |  |  |
| **Mandelic 5%** |  |  |  |  |  |
| **Mandelic 8%** |  |  |  |  |  |
| **Mandelic 11%** |  |  |  |  |  |
| **Mandelic 15%** |  |  |  |  |  |
| **Glycolic 5%** |  |  |  |  |  |
| **Glycolic 10%** |  |  |  |  |  |
| **Salicylic Serum** |  |  |  |  |  |
| **Vitamin A Corrective Serum** |  |  |  |  |  |
| **Vitamin A Corrective II Serum** |  |  |  |  |  |

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| **ABBREVIATIONS:** |

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| **Cleansers** | **Moisturizers** | **Acne Prevention** |
| Ultra Gentle Cleanser - **UGC** | Clearderma - **CD** | Acne Med - **AM2.5, AM5, AM10** |
| Antioxidant Scrub- **XS** | Cran-Peptide- **CPC** | Acne Med with Sulfur - **AM5ws, AM10ws** |
| Mandelic Wash - **MW** | **Sunscreens** | **Treatments** |
| Mandelic Scrub - **MS** | Daily SPF 30 Lotion - **DS30** | Acne Hydrating Treatment- **AHT** |
| Acne Wash- **AW** | Ultimate Protection SPF 28 – **US28** | Chemical Acne Peel- **CP** |
| Acne Scrub- **AS** | **Serums** | Acne Peel for Sensitive Skin- **APS** |
| **Toners** | Glycolic Acid - **GA5, GA10** | Acne Peel #1 - **API** |
| Acnebeta-C Toner - **BT** | Salicylic Serum - **SG** | Acne Peel #2 - **APII** |
| Glycolic Toner - **GT** | Mandelic Serums- **MS5, MS8, MS11, MS15** | Acne Peel #3 - **APIII** |
| Calming Facial Toner - **CT** | Vitamin A Corrective Serum - **VAC** | Acne Back Peel - **APB** |
| Moisture Balance Toner **- MBT** | Vitamin A Corrective II Serum- **VAC2** | Acne Back Peel - **APB** |
| **Hydrators** | Antioxidant Peptide Face Serum - **XPF** | Lactic Peel- **LP** |
| Hydrabalance – **HB** |  |  |

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| **TREATMENT NOTES:** |

**Allergies:**

**Important Information:**

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| **Treatment Information** | | | | **Product Tracker** | | **Notes: Changes in skin condition, product/frequency changes, medical/lifestyle changes.**  **WRITE OUT REGIMEN AND TREATMENT DONE AT EACH APPOINTMENT** |
| **Date** | **Esth** | **Tx** | **#** | **Purch Date** | **Product** |
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